



## **Mental Health Information**

in the Van Buren Twp, Sumpter & Belleveille Tri-Community Area

### **C.O.P.E Hegira Health, Inc. (Community Outreach for Psychiatric Emergencies)**

2900 Conner Avenue, Building A, Detroit, MI 48215 | 844.296.2673

[www.neguidance.org](http://www.neguidance.org)

24-hour walk-in crisis center, screening, medication, emergency, meals, showers, and more!

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### **Home of New Vision**

3115 Professional Dr., Ann Arbor, MI 48104 | 734.975.1602

[www.homeofnewvision.org](http://www.homeofnewvision.org)

Provides gender-specific programs and specialized services such as treatment, residential, out-patient, mental health counseling, housing, recovery coaching and more.

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### **Centralized Access Center**

313.224.7000

24/7 Crisis information and referral helpline.

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### **R U OK?**

734.926.5480

[www.ruok.help](http://www.ruok.help)

Crisis support line.



### **Ozone House**

102 N. Hamilton St., Ypsilanti, MI 48197 | 734.485.2222

Crisis Line 734.662.2222

Youth Shelter: 1705 Washtenaw Ave., Ann Arbor, MI 48104

[www.ozonehouse.org](http://www.ozonehouse.org)

Emergency Shelter for youth 10-17 years old. Call any time if you need a safe place to stay or a break from a conflict at home. Text "Ozone" to 734.662.2222 M-F 10 am-7 pm. Continuum of services for homeless teens, runaways, and at-risk youth.

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### **Strategies to Overcome Obstacles and Avoid Recidivism (SOOAR)**

122 South St., Belleville, MI 48111 | 734.697.9511

[www.sooar-nonprofit.org](http://www.sooar-nonprofit.org)

Prevention services and trainings focusing on equitable solutions on topics such as Mental Health, Sexual Health and All Pathways to Recovery. DWIHN provider. QPR trainer.

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### **Trevor Hotline**

866.488.7386

[www.thetrevorproject.org](http://www.thetrevorproject.org)

TEXT "TREVOR" to 1.202.304.1200 "If you're thinking about suicide, you deserve immediate help."

Trevor Space is a social networking site for LGBTQ youth, their friends and allies.

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### **Trans Lifeline**

877.565.8860

[www.translifeline.org](http://www.translifeline.org) | [www.facebook.com/TransLifeline/](https://www.facebook.com/TransLifeline/)

A peer support service and list of resources ran by trans people, for trans and questioning callers.