



## VBT Parks & Recreation Ongoing Programming

Greetings from the Van Buren Township Parks and Recreation Department!

Just because it's cold outside doesn't mean you should slow down. Keep in shape and active all winter long with the programs we offer residents and non-residents of all ages. There's truly something for everyone!

### **Jazzercise**

**Mondays/Wednesdays/Fridays 9:30 a.m. and 5:45 p.m.**

**Tuesdays/Thursdays 8:15 a.m. and 5:45 p.m.**

**Saturdays and Sundays 9:30 a.m.**

*A pulse-pounding, bass-dropping fitness program that gets results fast! Fusing cardio, resistance training, Pilates, yoga, kickboxing and demanding forms of dance. For more information, call Holly Haddell at (734) 644-4645 or email [dance.fitness.llc@gmail.com](mailto:dance.fitness.llc@gmail.com)*

### **Pickleball**

**Mondays/Wednesdays/Fridays 12:00 p.m. – 3:00 p.m.**

**Sundays 12:00 p.m. – 2:00 p.m.**

**Ages: 18 and up**

*Pickleball is a fun game that is played in a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles. **\*\*Bring your own paddles, pickleballs provided. \$2.00 per person***

### **Zumba (Adult)**

**Wednesday, 4:15 – 5:15 p.m. - Ongoing Class**

*Zumba combines Latin rhymes and easy-to-follow moves to create a fun and dynamic fitness program. The routine features interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt body while burning fat. Participants will have a blast and won't even realize they are exercising! Designed for all ages! Instructor: Rosabella Schofield. Six (6) class Punch Card; \$35 cards do not expire; \$6 drop-in fee*

### **WW Freestyle**

**Thursdays 12 p.m. – 1 p.m.**

*Van Buren Township is pleased to be hosting Weight Watchers reimagined. If you have been looking to lose weight and/ or just want to learn about how to eat healthier, then WW might be the program for you.. The program is explained in the workshops, and you are given the necessary materials in order to follow it. This is a 12-week session of workshops. Printed materials are provided. Pasta, steak, cheese, ice cream . . . you can eat what you want on Weight Watchers. While the popular weight-loss plan has been revamped, the basic principle of eating what you love remains – though the program steers you toward healthier foods with its points system. In its new program, called Beyond the Scale, fitness also takes a bigger role. You'll be encouraged to move more every day. Call Dez Houston at (248) 479-1378 for more information*

### **Beginners Hustle/Line Dance**

**Wednesdays, February 26 – April 15, 7 p.m. – 8 p.m.**

**Ages 18 and up**

*Have you ever wanted to learn how to hustle/ line dance? Well look no further, we have what you need right here. Debra Allen will teach this new and exciting eight-week class. This active class is easy and fun! Bring along a friend!*

Van Buren Resident: \$40; Non-Resident: \$55

Van Buren Resident: \$6 drop-in; Non-Resident: \$8



## Youth Recreation

### Gymnastics

**9 week session March 7 – May 16  
(No class April 4 & 11)**

Description	Age	Time	Res./NR Fees
Tot Tumbling	Ages 3-4	11-11:30 a.m.	VBT= \$60/Non VBT= \$75
Kinder Tumbling	Ages 5-6	11:30 a.m.- 12 p.m.	VBT= \$60/Non VBT= \$75
Beginners I	Ages: 6 and up	12:15.-1 p.m.	VBT= \$65/Non VBT= \$80
Intermediate (based on experience)	Ages: 6 and up	1-2:00 p.m.	VBT= \$70/Non VBT= \$85
Beginners II	Ages: 6 and up	2-2:45 p.m.	VBT= \$65/Non VBT= \$80

### Jitterbugs Elite Dance Inc. Youth Dance Program

Check out [www.myjitterbugs.com](http://www.myjitterbugs.com) or call (734) 777-0201 for schedule and/or to register with owner/instructor Jennifer Valinski.

### Cheerleading

**Mondays, April 6 – May 11, 5 p.m. – 5:45 p.m.**

Ages: 5 and up

*Instructor Laura Abney, former Eastern Michigan University Cheerleader, will teach students the basic fundamentals of cheerleading, including sidelines, cheers, jumps and routines.*

Van Buren residents: \$50; Non-residents: \$65

### Tae Kwon Do

**Tuesdays and Thursdays, April 14 – July 2, 7:00 p.m. – 8:30 p.m.**

Ages: 8 and up

*A family-oriented, practical self-defense learning experience. Students are taught respect, discipline, responsibility and self-control while growing in confidence, understanding and awareness. Each class includes a great physical workout teaching the traditional art form of Tae Kwon Do. Accept the challenge and set your goal today!*

Instructor: 4th Degree Black Belt Pete Mulka and trained students

Van Buren resident: \$55; Non-residents: \$70

### Kid Kwon Do

**Thursdays, April 2 – June 4, 6:30 p.m. – 7:15 p.m.**

Ages: 4-7

*This is a children's introductory class into Tae Kwon Do. Focus will be on stranger safety as well as games and exercises to develop coordination, balance, strength and flexibility. Students will learn basic martial art techniques that will prepare them with a head start for our Tae Kwon Do class as well as other sports they may go on to participate in.*

Instructor: 3rd degree Black Belt Nancy Kegley and trained students.

Van Buren residents: \$45; Non-residents: \$60

### Drop-in Basketball

Call (734) 699-8921 for gym schedule times.

## Open Gym Participants!

Patrons who show one of the following will pay:

- Valid Driver's License showing current address: \$3.00
- Current School ID: \$2.00
- Non-Residents (Must show current ID): \$5.00

Everyone must have a picture ID! Children 13 and under must be accompanied by an adult. Parent/guardians, please make sure that you are here prior to closing to pick up your child. Times are subject to change. Please call (734) 699-8921 to confirm the open gym schedule times.

During inclement weather, summer camp will utilize the gym from 11 a.m. – 4 p.m. Afternoon activities will be canceled. Call (734) 699-8921 for more information.

### GYM HOURS

#### Sunday

Jazzercise 9 a.m. – 11 a.m.  
 Basketball 11 a.m. – 12 p.m.  
 Pickleball 12 p.m. – 2 p.m.  
 Kids/Family B-Ball 2:30 p.m. – 3:30 p.m.  
 Open Basketball 3:30 p.m. – 5:30 p.m.  
*Gym closes at 5:30 p.m.*

#### Monday

Walking 7:30 a.m. – 8:30 a.m.  
 Jazzercise 9 a.m. – 10:30 a.m.  
 Open Basketball 11 a.m. – 12 p.m.  
 Pickleball 12 p.m. – 3 p.m.  
 Jazzercise 4 p.m. – 6:45 p.m.  
 Open Basketball 7 p.m. – 8:30 p.m.  
*Gym closes at 8:50 p.m.*

#### Tuesday

Jazzercise 7:30 a.m. – 10 a.m.  
 Open Basketball 10 a.m. – 3:50 p.m.  
 Jazzercise 4 p.m. – 6:45 p.m.  
 Tae Kwon Do 7 p.m. – 8:50 p.m.  
*Gym closes at 8:50 p.m.*

#### Wednesday

Walking 7:30 a.m. – 8:30 a.m.  
 Jazzercise 9 a.m. – 10:30 a.m.  
 Open Basketball 11 a.m. – 12 p.m.  
 Pickleball 12 p.m. – 3 p.m.  
 Jazzercise 4 p.m. – 6:45 p.m.  
 Open Basketball 7 p.m. – 8:30 p.m.  
*Gym closes at 8:50 p.m.*

#### Thursday

Jazzercise 7:30 a.m. – 10 a.m.  
 Open Basketball 10 a.m. – 3:50 p.m.  
 Jazzercise 4 p.m. – 6:45 p.m.  
 Tae Kwon Do 7 p.m. – 8:50 p.m.  
*Gym closes at 8:50 p.m.*

#### Friday

Walking 7:30 a.m. – 8:30 a.m.  
 Jazzercise 9 a.m. – 10:30 a.m.  
 Open Basketball 11 a.m. – 12 p.m.  
 Pickleball 12 p.m. – 3 p.m.  
 Jazzercise 5 p.m. – 6:30 p.m.  
*Gym closes at 6:30 p.m.*

#### Saturday

Jazzercise 9 a.m. – 11 a.m.  
 Gymnastics 11 a.m. – 3 p.m.  
*Gym closes at 3 p.m.*



# Summer Day Camps 2020

## Open Registration – Monday, March 2

**First Session June 15 – July 10 (No camp July 4)**

**Second Session July 13 – August 7**

Camp Program runs 10:00 a.m. – 4:00 p.m.

*Times will vary if utilizing the school bus transportation. Times for transportation will be available at the camp orientation. Transportation Pick-Up can vary between 8:30 a.m. – 10:00 a.m. and Drop-off 4:05 p.m. – 5:30 p.m.*

School year as of 2019-20

Registration for 1st session ends May 15. Registration for 2nd session ends June 26 or until registration is full.

**\*\* Please note registration is based on grade level for the 2019-20 school year, not age.\*\***

**Camp Little Van Buren Voyagers:** (Grades K-3) Held at Van Buren Park

**Camp Van Buren Buccaneers:** (Grades 4-7) Held at Van Buren Park

Van Buren Resident: \$475; Non-resident: \$490

**Camp includes:** *Transportation for those who live (not where they attend school) in Van Buren Township and the City of Belleville (Van Buren Township hires Van Buren Public Schools Transportation to pick up and drop off campers, as well as transport for field trips), one camp t-shirt, games, crafts, field trip costs, socialization with peers, supervision from highly trained counselors, and a chance for a camper to just be a kid while enjoying the outdoors. This day camp is licensed through the State of Michigan.*

### Summer Day Camp “Meet and Greet” Orientation

Parents and campers are encouraged to attend this orientation to meet the counselors and obtain a camp packet.

Monday, June 8 at 6:00 p.m.

Tuesday, July 7 – Time TBD



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## Special Events

### Kids Crafty Saturdays

Between the hours of 10:00 a.m. – 11:30 a.m.

Grades K-5

Make and take an awesome craft! Join rec staff who will be on hand to provide supplies, instruction and fun.

**March 14:** Jar of Dinosaur or Fairy Play Dough

\$5.00 per child, per craft.

### Open Craft Night

**Fridays: February 28, March 27, April 24, 5:00 p.m. – 8:00 p.m.**

**\$2.00 per person (pizza included)**

Have an unfinished project you just can't seem to complete at home? Come to the recreation department to finish that project while meeting new people and enjoying some pizza. Bring your own tools/supplies needed and we will provide the space and pizza.

\*Must pre-register at least one day in advance so we can properly plan.

\*Children must be accompanied by an adult.

### Hoppin' Hullabaloo and A Fire Truck too!

**Saturday, April 4, 10:00 a.m. – 1:00 p.m. Rain or Shine**

Hop on the loop at Quirk Park for an egg-mazing egg hunt at this year's Hoppin' Hullabaloo. Baloo the Bunny is springing into action and jumping onboard our fire truck to bring eggs and goodies to you! Baloo will arrive to our event at Quirk Park on top of the fire truck and will signal the official start of the egg hunts. We will have three (3) egg hunts for different age categories. 10:00 a.m. Ages walking toddler-4; 10:15 a.m. Ages 5-9; 10:25 a.m. Ages 10-13. Children will hunt for eggs and redeem them for a prize under the pavilion. You only need one egg to receive a prize. This is an eco-friendly event, so please bring a basket or bag for collecting, and dress for the weather.

- Walk the paved pathway for a fun scavenger hunt
- Free family fun
- DJ
- Pics with strolling Baloo the Bunny and friends

### Park, Read & Upload

Reading and Nature unite in this fun activity for March is Reading month. During the month of March, visit one or all of the Van Buren Township Parks: Van Buren Park, French Landing Park, Quirk Park, Riggs Park and/or Haggerty Park. Starting March 1-31, you are invited to grab a book and reboot your senses by reading out in nature. Snap a pic of you reading a book in one of our awesome parks and send the picture to [jzaenglein@vanburen-mi.org](mailto:jzaenglein@vanburen-mi.org) for us to upload to our Facebook page.

### Mother Daughter Tea Painting Party

**Sunday, May 3, 12 p.m. – 2 p.m.**

Share an afternoon of letting your creativity flow. From the novice to the experienced, guests will create a beautiful, light-hearted painting to take home. Flavored tea with a yummy light lunch and cupcakes are on the menu. At the creation station, guests will be able to decorate their cupcake!

Van Buren Couple: \$20; Non-Resident Couple: \$25. Additional child: \$5. Space is limited. Pre-registration is necessary. Deadline to register is Friday, April 24

### Mother Son Bowling

**Friday, May 8 at Lodge Lanes, 7 p.m. – 9 p.m.**

Calling all moms and sons to come out for an exciting night of bowling! Grandmothers, aunts, big sisters are invited too. Please register early; space is limited. When registering, please let us know who you would like on your lane. This will help us organize teams in advance.

Van Buren Couple: \$20; Non-Resident: \$25. Additional child: \$5. Price includes up to 2 games of bowling, shoes, pizza, pop and a photo. Please let us know if you have any food allergies or restrictions. Deadline to register, Friday May 1. Meet at Lodge Lanes, located on the south I-94 Service Drive in Van Buren Township.





## Park Hours

Monday-Friday 10:00 a.m. – Dusk  
Saturday & Sunday 8:00 a.m. – Dusk  
**\*\*Holidays will use weekend hours\*\***

## 2020 Park Pavilion Rentals

2020 Van Buren/Belleville Resident  
Pavilion Rentals start January 2

2020 Non-Resident Pavilion Rentals start March 2

- Pavilions #1, 2, 3 at Van Buren Park
- Quirk Park (LARGE Pavilion)
- New Quirk Park (SMALL) Pavilion
- Riggs Park Pavilion

### All Day

Resident: \$100.00  
Nonprofit Groups: \$100.00  
Non-Resident: \$120.00  
Commercial/Corporate: \$120.00

### All Day - New Quirk Park (SMALL) Pavilion

Resident: \$50.00  
Nonprofit Groups: \$50.00  
Non-Resident: \$65.00  
Commercial/Corporate: \$65.00

Resident Daily Vehicle Park Entry Pass: \$5  
Non-Resident Daily Vehicle Park Entry Pass: \$7

Annual Resident  
Vehicle Park  
Entry Pass: \$15  
Annual Non-  
Resident Vehicle  
Park Entry Pass:  
\$20  
Annual Senior  
Vehicle Park  
Entry Pass: \$8

\*\*\*All pavilion patrons are still subject to the vehicle gate fees.\*\*  
(Quirk and Riggs Parks have no entrance fee.)

### Van Buren Park Community Garden

Fitness researchers have found that gardening provides three types of exercise – endurance, flexibility, and strength. Researchers have also found that digging in soil can help with mental health and relieve depression.

Why not rent a garden plot to help start and/or maintain a healthy lifestyle while helping to keep your grocery bill down? Rent a plot in this year's Community Garden, located in the front of Van Buren Park. You are able to tend your own plot all summer long and have the ability to grow vegetables, fruits, herbs and flowers.

\*\*Plots are open from May 15 to October 15

Returning gardeners can sign-up for the same plot through February 29, 2020. New gardeners (or renters wanting a different plot) can register to rent a plot beginning March 1, 2020.

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Van Buren Township has a new look on social media.  
**Have you seen it?**



*If not, look for the lovely white sailboat.*



Join the conversation by following and liking @MIVanBurenTownship on Facebook. Catch up on current news and information, with short videos and photo recaps of events.



Follow @MIVanBurenTwp on Instagram to see a behind-the-scenes look at the men and women working in VBT, plus the everyday work it takes to run a township.



@MIVanBurenTwp is on Twitter! This account highlights local and state news, which affects the township and residents.



Follow Van Buren Township on LinkedIn and be the first to know when we're hiring, or sharing other professional news and information.



Subscribe to Van Buren Township on YouTube to stay in the know when new videos are uploaded or a township meeting is live streaming.

If you have something to say or share, but you're not sure how to do it, just hashtag #VanBurenTwp or mention @MIVanBurenTwp in your post and that notifies us to join the conversation!

## General Information

### Register Early!

Register for a program at least one week prior to the start of class. This will help eliminate the need to cancel classes due to low enrollment. Reserve your spot today!

### How to Register for Classes/Programs

Register at the Community Services Desk Monday – Thursday from 7:30 a.m. – 8:50 p.m.; Friday from 7:30 a.m. – 6 p.m.; Saturday from 9 a.m. – 2:50 p.m.; and Sunday from 9 a.m. – 5:50 p.m.

We are located at 46425 Tyler Road, between Belleville and Beck Roads. Registrations are taken on a first-come, first-serve basis. We accept cash, check or credit cards. Please make checks payable to Van Buren Township.

We accept all major credit cards and debit cards. There is a 3 percent (\$2 minimum) fee for all card transactions.

### Volunteers

The Van Buren Parks and Recreation Department is looking for volunteers to assist with our community activities, events and youth programs. There is something for everyone, whether it be ongoing volunteer programs or a few hours of activity helping others.

Upcoming volunteer opportunities include Hoppin' Hullabaloo and Mother Daughter Tea Party. For more information, please contact Jennifer Wright at (734) 699-8921 or by email at [jawright@vanburen-mi.org](mailto:jawright@vanburen-mi.org).

### Refund Policy

Patron satisfaction is our most important objective. Full refunds will be issued if the Recreation Department cancels a program. If you are seeking a refund, they will be given during the first week of the class/program only. No refunds after one week of classes. A \$10 administrative fee per person, per program, per season will be charge for all refunds requested by the participant.

Credit vouchers are another opportunity for a refund. Refunds or reduction of fees will not be given for classes missed by the participant. Refunds will be sent in the mail within 4-6 weeks. No refunds for one-day programs, community events and trips.

### Program Cancellation or Modification

Van Buren Recreation Department reserves the right to cancel or modify a program due to low enrollment or other unforeseen circumstances. Registrants will be notified if changes occur to the respective programs.

### ADA Accessibility

Individuals requiring an auxiliary aid or accommodations should advise us of your needs at the time of registration, or a minimum of 72 hours prior to the start of the service. Every effort will be made to make the necessary accommodations.



## Belleville Area Museum Events February - May 2020

**February 15**

### **Pictures with Cupid**

Come take a picture, write a Valentine, and eat some candy at the BAM's Valentine Weekend Celebration  
1-4 p.m.

**February 20**

### **Mr. Brown Goes to Washington**

Photographer and Belleville Area resident Douglas Brown takes us on a journey through his time as a White House photographer.  
6:00 p.m.

**March 19**

### **Mark Twain Came to Michigan with Al and Dave Eicher.**

6:00 p.m.

**March 21**

### **National Rosie the Riveter Day!**

Come view our Rosie and Military exhibit, assist us with our Rosie Puzzle, and take a picture with our own Tribute Rosie, Director Katie Dallos!  
1-4 p.m.

**April 16**

### **The History of Willow Run with Randy Hotton.**

6:00 p.m.

**May/June**

### **Opening of our Suffragette/19th Amendment Exhibit**