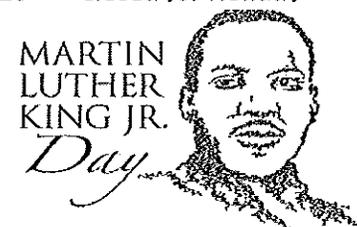


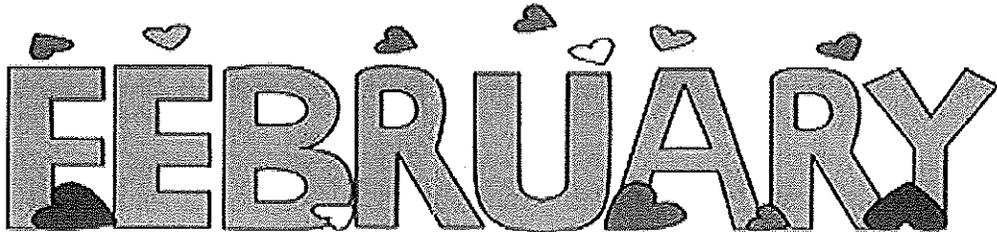
# Wayne County Senior Services Nutrition Program

## January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<b>PLEASE CALL</b> <b>24 Hours in Advance to</b> <b>Cancel Meals at</b>	<b>**MENU SUBJECT TO CHANGE</b> <b>WITHOUT NOTICE**</b>	<b>1</b> <i>Closed for Holiday</i> 	<b>2</b> Baked Meatballs Sweet & Sour Sauce Confetti Rice Sliced Carrots Multi Grain Bread Fresh Fruit Milk Margarine	<b>3</b> Baked Chicken Breast Alfredo Sauce Rotini Pasta Broccoli Texas Bread Applesauce Milk Margarine
	Visit us at <a href="http://waynecounty.com/svs">waynecounty.com/svs</a>			
	Suggested Donation \$3.00/Meal			
<b>6</b> Swiss Steak Whipped Potatoes Green Beans Multi Grain Bread Fresh Pear Milk Margarine	<b>7</b> Beef Hot Dog Beef Chili Baked Beans Garden Vegetable Blend Hot Dog Bun Apple Juice Milk	<b>8</b> Turkey Breast with Gravy Whipped Potatoes Spinach Multi Grain Bread Birthday Snack Cake Milk Margarine  [Frozen Quarterly #1]	<b>9</b> Chicken Strips Lettuce & Tomato Shredded Cheese Confetti Rice Coleslaw Flour Tortilla Scalloped Apples Milk Ranch Salad Dressing	<b>10</b> Potato Crusted Fish Chunky Cheesy Potatoes Green Peas Wheat Roll Oatmeal Creme Pie Milk Margarine Tartar Sauce
<b>13</b> Creamy Paprika Chicken Spiral Pasta Green Peas Biscuit Mandarin Oranges Milk Margarine	<b>14</b> Cabbage Roll Tomato Sauce Whipped Potatoes Whole Kernel Corn Cornbread Fresh Fruit Milk Margarine	<b>15</b> Meatloaf Brown Gravy Brown Rice Broccoli Whole Wheat Bread Strawberry Swirl Pudding Milk Margarine	<b>16</b> Macaroni & Cheese Stewed Tomatoes Green Beans Wheat Roll Fresh Banana Milk Margarine	<b>17</b> Pork with Supreme Sauce Au Gratin Potatoes Sliced Carrots Multi Grain Bread Applesauce Milk Margarine
<b>20</b> <i>Closed for Holiday</i> 	<b>21</b> Krab Mac Salad White Bean Salad Coleslaw Saltine Crackers Chocolate Chip Cookie Milk	<b>22</b> Chicken Strips Teriyaki Sauce Confetti Rice Peas & Carrots Wheat Roll Fresh Fruit Milk Margarine	<b>23</b> Beef Mostaccoili Mixed Vegetables Potato Roll Hot Spiced Fruit Milk Margarine	<b>24</b> Glazed Ham Whipped Sweet Potatoes Broccoli Multi Grain Bread Pineapple Tidbits Milk Margarine
<b>27</b> Meatballs w/Mushroom Gravy Buttered Garden Rotini Green Beans Multi Grain Bread Apple Juice Milk Margarine	<b>28</b> White Chicken Chili Spinach Cornbread Peach Crisp Milk Margarine	<b>29</b> BBQ Chicken Leg Quarter Au Gratin Rotini Green Peas Multi Grain Bread Fresh Fruit Milk Margarine	<b>30</b> Hamburger Patty Sliced Cheese Lettuce & Tomato Baked Beans Mixed Vegetables Hamburger Bun Fresh Banana Milk Mustard & Ketchup	<b>31</b> Turkey Breast with Gravy Whipped Potatoes Brussels Sprouts Multi Grain Bread Mandarin Oranges Milk Margarine

# Wayne County Senior Services Nutrition Program

## February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<b>**MENU SUBJECT TO CHANGE WITHOUT NOTICE**</b>	<b>PLEASE CALL 24 Hours in Advance to Cancel Meals at</b>			
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Suggested Donation \$3.00/Meal.				
<b>3</b> Potato Crusted Fish Garden Medley Rice Harvard Beets Wheat Roll Applesauce Milk Margarine Tartar Sauce	<b>4</b> Cheese Omelet Stewed Tomatoes Turkey Sausage Links O'Brien Potatoes Multi Grain Bread Mixed Fruit Milk Margarine	<b>5</b> Taco Meat Lettuce & Tomato Shredded Cheese Pinto Beans Fiesta Vegetable Blend Flour Tortilla Fresh Fruit Milk	<b>6</b> Meatloaf Brown Gravy Whipped Potatoes Mixed Vegetables Multi Grain Bread Cranberry Juice Milk Margarine	<b>7</b> BBQ Pork Rib Patty Black-eyed Peas Mixed Greens Hamburger Bun Sugar Cookie Milk
<b>10</b> Baked Chicken Breast Alfredo Sauce Rotini Pasta Broccoli Texas Bread Applesauce Milk Margarine	<b>11</b> Salisbury Beef Brown Gravy Whipped Potatoes Mixed Vegetables Cornbread Fresh Fruit Milk Margarine	<b>12</b> Tuna Noodle Casserole Whole Kernel Corn Green Beans Multi Grain Bread Birthday Snack Cake Milk Margarine 	<b>13</b> <i>Valentine's Day Meal</i> Pork Roast Onion Gravy Whipped Sweet Potatoes Green Peas Wheat Roll Holiday Snack Cake Milk Margarine	<b>14</b> Baked Meatballs Sweet & Sour Sauce Confetti Rice Sliced Carrots Multi Grain Bread Fresh Fruit Milk Margarine
<b>17</b> Swiss Steak Whipped Potatoes Green Beans Multi Grain Bread Fresh Pear Milk Margarine	<b>18</b> Beef Hot Dog Beef Chili Baked Beans Garden Vegetable Blend Hot Dog Bun Apple Juice Milk	<b>19</b> Turkey Breast with Gravy Whipped Potatoes Spinach Multi Grain Bread Fresh Fruit Milk Margarine	<b>20</b> Chicken Strips Lettuce & Tomato Shredded Cheese Confetti Rice Coleslaw Flour Tortilla Scalloped Apples Milk Ranch Salad Dressing	<b>21</b> Potato Crusted Fish Cheesy Potatoes Green Peas Wheat Roll Oatmeal Creme Pie Milk Margarine Tartar Sauce
<b>24</b> Creamy Paprika Chicken Spiral Pasta Green Peas Biscuit Mandarin Oranges Milk Margarine	<b>25</b> Cabbage Roll Tomato Sauce Whipped Potatoes Whole Kernel Corn Cornbread Fresh Fruit Milk Margarine	<b>26</b> <i>Ash Wednesday</i> Krab Mac Salad Coleslaw Three Bean Salad Saltine Crackers Grape Juice Milk	<b>27</b> Pork with Supreme Sauce Au Gratin Potatoes Sliced Carrots Multi Grain Bread Applesauce Milk Margarine	<b>28</b> <i>Lenten Meal</i> Macaroni & Cheese Stewed Tomatoes Green Beans Wheat Roll Fresh Banana Milk Margarine

# Wayne County Senior Services Nutrition Program

## March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Beef Jardinière Buttermilk Potatoes Green Beans Multi Grain Bread Fruit Cocktail Milk Margarine	<b>3</b> Chicken Strips Teriyaki Sauce Confetti Rice Peas & Carrots Wheat Roll Fresh Fruit Milk Margarine	<b>4</b> Beef Mostaccoilli Mixed Vegetables Potato Roll Hot Spiced Fruit Milk Margarine	<b>5</b> Glazed Ham Whipped Sweet Potatoes Broccoli Multi Grain Bread Pineapple Tidbits Milk Margarine	<b>6</b> <u>Lenten Meal</u> Krab Mac Salad White Bean Salad Coleslaw Saltine Crackers Chocolate Chip Cookie Milk
<b>9</b> Meatballs w/Mushroom Gravy Buttered Garden Rotini Green Beans Multi Grain Bread Apple Juice Milk Margarine	<b>10</b> White Chicken Chili Spinach Cornbread Peach Crisp Milk Margarine	<b>11</b> BBQ Chicken Leg Quarter Au Gratin Rotini Green Peas Multi Grain Bread Birthday Snack Cake Milk Margarine  [Frozen Quarterly #2]	<b>12</b> Hamburger Patty Sliced Cheese Lettuce & Tomato Baked Beans Mixed Vegetables Hamburger Bun Fresh Banana Milk Mustard & Ketchup	<b>13</b> <u>Lenten Meal</u> Stuffed Shells Marinara Sauce Stewed Tomatoes Green Beans Wheat Roll Fresh Banana Milk Margarine
<b>16</b> Cheese Omelet Stewed Tomatoes Turkey Sausage Links O'Brien Potatoes Multi Grain Bread Mixed Fruit Milk Margarine	<b>17</b> <i>St. Patrick's Day Meal</i> Corned Beef w/Mustard Sauce Red Potatoes Cabbage and Carrots Wheat Roll Holiday Snack Cake Milk Margarine 	<b>18</b> Taco Meat Lettuce & Tomato Shredded Cheese Pinto Beans Fiesta Vegetable Blend Flour Tortilla Fresh Fruit Milk	<b>19</b> BBQ Pork Rib Patty Black-eyed Peas Mixed Greens Hamburger Bun Sugar Cookie Milk	<b>20</b> <u>Lenten Meal</u> Potato Crusted Fish Garden Medley Rice Harvard Beets Wheat Roll Applesauce Milk Margarine Tartar Sauce
<b>23</b> Salisbury Beef Brown Gravy Whipped Potatoes Mixed Vegetables Cornbread Texas Bread Applesauce Milk Margarine	<b>24</b> Baked Chicken Breast Alfredo Sauce Rotini Pasta Broccoli Texas Bread Applesauce Milk Margarine	<b>25</b> Baked Meatballs Sweet & Sour Sauce Confetti Rice Sliced Carrots Multi Grain Bread Fresh Fruit Milk Margarine	<b>26</b> Pork Roast Onion Gravy Whipped Sweet Potatoes Green Peas Wheat Roll Mandarin Oranges Milk Margarine	<b>27</b> <u>Lenten Meal</u> Tuna Noodle Casserole Whole Kernel Corn Green Beans Multi Grain Bread Fresh Fruit Milk Margarine
<b>30</b> <i>Baseball Opening Day</i> Sausage w/Peppers & Onions German Potato Salad Sliced Carrots Hot Dog Bun Holiday Snack Cake Milk Mustard   Ketchup	<b>31</b> Swiss Steak Whipped Potatoes Green Beans Multi Grain Bread Fresh Pear Milk Margarine			<b>**MENU SUBJECT TO CHANGE WITHOUT NOTICE**</b> <hr/> Visit us at <a href="http://waynecounty.com/svs">waynecounty.com/svs</a> <hr/> Suggested Donation \$3.00/Meal
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